

# MBTI® Activity



## Out There—In Here, Introducing Extraversion and Introversion: An Application of MBTI® Type

Barbara D. Mathews | Catharine A. Larkin

Designed with your success in mind, this activity comes complete with everything you need to engage participants and reinforce type concepts so that individuals can apply the learning immediately post-training. The following materials are provided for this activity:

- Instructions
- PowerPoint® slides
- Handout

For more time-tested activities like this one, as well as for the how-to guidance and tools for facilitating experiential Myers-Briggs® activities that accelerate type learning, check out our popular **Type in Action!: Activities for Enriching MBTI® Training in Organizations**.

Looking to extend the learning further? Offer each participant a booklet from CPP's **Introduction to Type®** series, available in print or PDF format—20 titles spanning a wide range of MBTI application topics, such as communication, conflict, team building, stress management, innovation, leadership, and more.

For more downloadable, easy-to-use, no-fail activities from world-renowned MBTI® type experts and consultants, visit [www.cpp.com/MBTIactivities](http://www.cpp.com/MBTIactivities).



CPP, Inc. | 1055 Joaquin Road, 2nd Floor | Mountain View, CA 94043  
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