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What's New in This Edition?

The *Myers-Briggs Type Indicator*® (MBTI®) tool has been used successfully to improve the performance of teams throughout the world. Because of the well-established efficacy of the *MBTI® Teambuilding Program*, we are delighted to offer this revised and expanded edition. This new edition reflects not only the knowledge we have gained through our ongoing professional experience with teambuilding but also the latest developments in

- MBTI forms and administration options
- Research and theory
- Bibliographic material

To address these changes, we have amended and updated the content of this guide. Specifically, we have included

- New charts that detail the Lens concept for six core issues:
  - Communication
  - Team culture
  - Leadership
  - Change
  - Problem solving/conflict resolution
  - Stress
- Eight new icebreaker activities to help team members get acquainted with one another and with the topic(s) to be covered in the teambuilding

- Four new wrap-up activities to help team members reflect on their experiences, reinforce their learning, and get closure on the work they began in the team-building workshop
- Six new activities in part 5 to help team members understand and appreciate their fellow team members' approaches to the six core issues
- The Living Zig-Zag activity in part 5, which enables team members to experience physically the distribution of decision-making styles on a team and to highlight potential concentrations and blind spots in the team's decision-making style
- New and revised slides and handouts (provided on the companion CD as PowerPoint® files for slide presentations and as PDF files to enable you to easily print handouts for distribution at your workshops)

We are confident you will find this edition a useful addition to your teambuilding tool kit. It is designed to help teambuilders, team leaders, and team members enhance their individual and team effectiveness.